ai and youth work

TC 2025

and

opportunities, ethics and empowerment

PRACTICAL TOOLKIT

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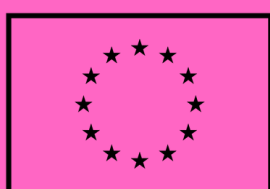
YOUTH HUMAN IMPACT

INTRODUCTION

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ARTIFICIAL INTELLIGENCE IS NOT THE FUTURE – IT'S THE PRESENT.

IT ALREADY SHAPES THE WAY YOUNG PEOPLE LEARN, COMMUNICATE, AND CREATE. THE AIM OF THIS E-BOOK IS TO SHOW HOW AI CAN BECOME AN ALLY IN YOUTH WORK – NOT JUST AS A TECHNICAL TOOL, BUT AS A SPACE FOR DEVELOPING COMPETENCES, CREATIVITY, AND ETHICAL REFLECTION ON TECHNOLOGY.

THIS PUBLICATION IS BASED ON THE EXPERIENCE OF PARTICIPANTS OF THE **"AI & YOUTH WORK: OPPORTUNITIES, ETHICS AND EMPOWERMENT"** PROJECT – AN INTENSIVE 8-DAY ERASMUS+ TRAINING WHERE YOUTH LEADERS AND EDUCATORS FROM ACROSS EUROPE EXPLORED CREATIVE AND RESPONSIBLE USES OF AI TOOLS.

2

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THE PROJECT BROUGHT TOGETHER 30 PARTICIPANTS FROM SIX EUROPEAN COUNTRIES. THROUGH WORKSHOPS AND HANDS-ON SESSIONS, PARTICIPANTS:

- *EXPERIMENTED WITH TOOLS SUCH AS CHATGPT, CANVA AI, AND DALL·E,*
- *CREATED SOCIAL CAMPAIGNS AND EDUCATIONAL MATERIALS,*
- *ANALYZED ETHICAL AND SOCIAL CHALLENGES OF AI,*
- *SHARED GOOD PRACTICES FROM THEIR LOCAL CONTEXTS,*
- *AND CO-CREATED THIS EDUCATIONAL TOOLKIT.*

THE TRAINING PROVIDED SPACE FOR LEARNING, INSPIRATION, AND COLLABORATION.
PARTICIPANTS DISCOVERED HOW TO USE AI EFFECTIVELY WHILE KEEPING THE HUMAN ELEMENT — EMPATHY, REFLECTION, AND AUTHENTICITY — AT THE CORE OF YOUTH WORK.

3
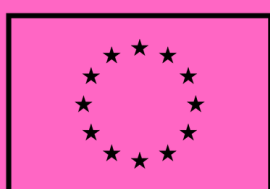
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WHY AI IN YOUTH WORK?

ARTIFICIAL INTELLIGENCE IS RESHAPING EDUCATION, COMMUNICATION, AND CREATIVITY.

IN YOUTH WORK, IT CAN SERVE AS:

- **A TOOL FOR CREATIVITY** – *USEFUL FOR GENERATING CONTENT, WORKSHOP PLANS, OR VISUALS,*

- **AN EDUCATIONAL AID** *-SUPPORTING PERSONALIZED LEARNING AND FASTER UNDERSTANDING,*

- **A SOURCE OF REFLECTION** – *ON HOW TECHNOLOGY IMPACTS OUR SOCIETY,*

- **AN INTERGENERATIONAL BRIDGE** – *CONNECTING YOUTH AND ADULTS IN LEARNING ABOUT THE FUTURE.*

4

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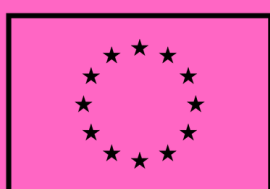
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PRINCIPLES OF ETHICAL AI USE

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IN THE DIGITAL AGE, BALANCE BETWEEN TECHNOLOGY AND HUMAN VALUES IS ESSENTIAL.

HERE ARE FIVE GUIDING PRINCIPLES WE FOLLOWED DURING THE TRAINING:

- **TRANSPARENCY**: ALWAYS INFORM WHEN AI TOOLS ARE USED.

- **CO-CREATION, NOT REPLACEMENT**: AI SHOULD SUPPORT, NOT SUBSTITUTE HUMAN INPUT.

- **DATA PROTECTION**: SAFEGUARD PARTICIPANTS' PRIVACY AND AVOID SHARING SENSITIVE INFORMATION.

- **ACCESSIBILITY AND INCLUSION**: ENSURE EQUAL ACCESS TO TECHNOLOGY FOR EVERYONE.

- **ETHICAL REFLECTION**: ASK NOT ONLY "HOW?" BUT ALSO "WHY?".

5

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CHATGPT PROMPT COLLECTION

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PROMPTS ARE THE BRIDGE BETWEEN YOUR CREATIVITY AND THE AI'S POTENTIAL. WELL-CRAFTED PROMPTS LEAD TO MEANINGFUL RESULTS.
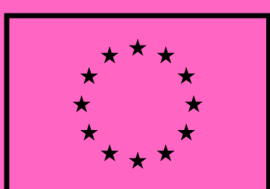
🔍 EXAMPLES 🎤

- *HELP ME DESIGN A 4-WEEK SOCIAL CAMPAIGN ON EQUALITY.*

- *CREATE AN EDUCATIONAL QUIZ ON AI ETHICS FOR YOUTH AGED 16–20.*

- *PREPARE A WORKSHOP PLAN ON DIGITAL EMPATHY WITH THREE PRACTICAL EXERCISES.*

- *SUGGEST SOCIAL MEDIA POSTS PROMOTING RESPONSIBLE TECHNOLOGY USE.*

- *REPHRASE THIS CAMPAIGN TEXT IN A MORE YOUTH-FRIENDLY LANGUAGE.*

6

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VISUAL STORYTELLING IS A KEY PART OF YOUTH COMMUNICATION.

AI GRAPHIC TOOLS CAN HELP YOU CREATE MEANINGFUL VISUALS IN MINUTES.

EXAMPLES:

- CREATE A MODERN, POSITIVE YOUTH CAMPAIGN POSTER WITH PASTEL COLORS.

- DESIGN AN INFOGRAPHIC: '5 PRINCIPLES OF ETHICAL AI USE'.

- GENERATE AN ILLUSTRATION SHOWING COLLABORATION BETWEEN HUMANS AND AI AS EQUAL PARTNERS.

- DESIGN A SOCIAL MEDIA BANNER PROMOTING AN ERASMUS+ PROJECT ABOUT AI.

- GENERATE A SET OF ICONS FOR A PRESENTATION ON CREATIVITY AND TECHNOLOGY.

7

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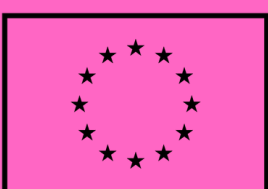
**TITLE:** AI AND ETHICS IN MY EVERYDAY LIFE

OBJECTIVE: TO UNDERSTAND HOW AI INFLUENCES OUR DECISIONS, EMOTIONS, AND RELATIONSHIPS.

DURATION: 90 MINUTES

STRUCTURE:

1. **ICEBREAKER**: "WHERE DO I ENCOUNTER AI IN MY DAILY LIFE?"
2. **MINI-PRESENTATION**: EXAMPLES OF AI IN MEDIA, EDUCATION, AND COMMUNICATION
3. **GROUP DISCUSSION**: "CAN AI BE OBJECTIVE?"
4. **CASE STUDY**: ANALYSIS OF A YOUNG INFLUENCER USING AI
5. **REFLECTION**: "HOW CAN I USE AI MORE CONSCIOUSLY?"
6. **SUMMARY AND KEY TAKEAWAYS**

8
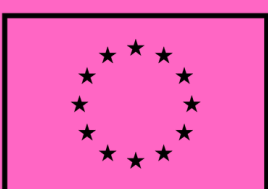
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AI IN NON-FORMAL EDUCATION

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NON-FORMAL EDUCATION IS A SPACE OF FREEDOM, CREATIVITY, AND COLLABORATION. IN THIS FIELD, ARTIFICIAL INTELLIGENCE BECOMES NOT ONLY A TOOL BUT A PARTNER IN LEARNING BY DOING.

AI CAN SUPPORT EXPERIENTIAL LEARNING BY ALLOWING PARTICIPANTS TO:

- EXPLORE THEIR ATTITUDES TOWARD TECHNOLOGY,
- CO-CREATE SOCIAL AND ARTISTIC PROJECTS,
- DEVELOP COMMUNICATION AND REFLECTION SKILLS.

IN PRACTICE, THIS MIGHT MEAN DESIGNING EDUCATIONAL CAMPAIGNS WITH CHATGPT, CREATING POSTERS IN CANVA AI.
THROUGH THESE ACTIVITIES, LEARNERS **NOT ONLY USE AI TOOLS, BUT ALSO DEVELOP ETHICAL AWARENESS, CRITICAL THINKING, AND DIGITAL RESPONSIBILITY** – ESSENTIAL SKILLS FOR FUTURE EDUCATORS AND YOUTH WORKERS.

9
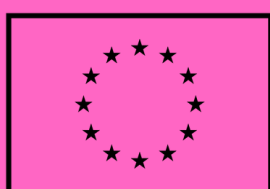
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AI AND FUTURE SKILLS

THE FUTURE OF WORK AND EDUCATION IS RAPIDLY EVOLVING. *FUTURE SKILLS ARE NOT JUST ABOUT USING TECHNOLOGY BUT ABOUT UNDERSTANDING PEOPLE, CREATIVITY, AND ETHICS.*

AI CAN FOSTER THESE COMPETENCES BY DEVELOPING:

- **CREATIVITY** – INSPIRING NEW IDEAS AND EXPERIMENTATION,

- **CRITICAL THINKING** – ANALYZING DATA AND QUESTIONING BIAS,

- **COGNITIVE FLEXIBILITY** – ADAPTING TO CHANGING CONTEXTS,

- **DIGITAL LITERACY** – USING TOOLS SAFELY AND RESPONSIBLY,

- **ETHICAL AWARENESS** – REFLECTING ON THE IMPACT OF INNOVATION.

10

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GOOD PRACTICE EXAMPLES

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SPAIN

A YOUTH NGO CREATED A CYBERSECURITY QUIZ USING CHATGPT FOR QUESTIONS AND CANVA AI FOR DESIGN.

ITALY

THE TEAM DEVELOPED A DIGITAL BROCHURE "AI ETHICS FOR YOUTH WORKERS," AVAILABLE ONLINE AS AN OPEN RESOURCE.
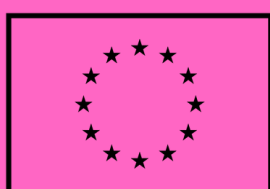
LITHUANIA

PARTICIPANTS PRODUCED AN ANIMATED VIDEO PROMOTING ETHICAL AI USE IN SCHOOLS.

POLAND

A GROUP OF YOUTH LEADERS DESIGNED THE "EMPATHY OFFLINE" CAMPAIGN – SHORT VIDEOS PROMOTING MINDFUL USE OF SOCIAL MEDIA.

12

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THE FUTURE OF EDUCATION WITH AI

*AI IN EDUCATION IS NOT THE FUTURE – IT'S THE PRESENT.* THE REAL QUESTION IS NOT IF WE SHOULD USE IT, BUT **HOW TO DO IT MEANINGFULLY AND ETHICALLY.**

IN THE YEARS AHEAD, KEY PRIORITIES WILL INCLUDE:

- DEVELOPING SOFT AND ETHICAL COMPETENCES,
- CO-CREATING KNOWLEDGE BETWEEN HUMANS AND MACHINES,
- PERSONALIZING LEARNING WHILE RESPECTING DIVERSITY,
- BUILDING PARTNERSHIPS BETWEEN EDUCATORS, LEARNERS, AND TECHNOLOGY.

AI WILL NEVER REPLACE EDUCATORS – BUT IT CAN EMPOWER THEM, REMINDING US THAT THE MOST HUMAN INTELLIGENCE IS EMPATHY ITSELF.

13

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HUMAN-AI COLLABORATION

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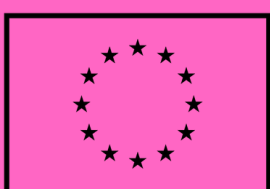
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AI SHOULD NOT REPLACE PEOPLE — IT SHOULD PARTNER WITH THEM.

THE KEY IS COLLABORATION BASED ON TRUST, CREATIVITY, AND SHARED INTELLIGENCE.

IN PRACTICE, THIS MEANS:

- USING AI FOR SUPPORT, NOT JUDGMENT,
- COMBINING HUMAN INTUITION WITH DATA ACCURACY,
- CO-LEARNING AND SHARING EXPERTISE,
- DESIGNING PROJECTS WHERE AI INSPIRES BUT HUMANS DECIDE.
- THIS MINDSET HELPS YOUNG PEOPLE UNDERSTAND COLLABORATION AS DIALOGUE — BETWEEN LOGIC AND EMOTION, BETWEEN MACHINE PRECISION AND HUMAN IMAGINATION.

14

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ALONGSIDE OPPORTUNITIES, AI BRINGS NEW CHALLENGES FOR DIGITAL WELLBEING – MAINTAINING A HEALTHY BALANCE BETWEEN ONLINE AND OFFLINE LIFE.

CORE ASPECTS INCLUDE:

1. INFORMATION HYGIENE – VERIFYING SOURCES AND FILTERING NOISE,
2. DATA PRIVACY AND SECURITY,
3. MINDFUL SCREEN-TIME MANAGEMENT,
4. EMOTIONAL AWARENESS IN DIGITAL INTERACTION.

ENGAGING IN THESE DISCUSSIONS CULTIVATES YOUNG PEOPLE'S DIGITAL RESILIENCE AND PROMOTES THE DELIBERATE, REFLECTIVE, AND RESPONSIBLE USE OF TECHNOLOGICAL TOOLS.

15

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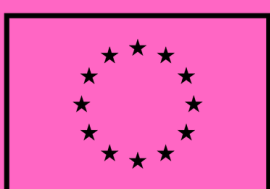
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THE E-BOOK "AI IN YOUTH WORK" IS NOT JUST A COLLECTION OF MATERIALS, BUT AN INVITATION TO REFLECT ON THE FUTURE OF EDUCATION.

WE BELIEVE AI CAN EMPOWER PEOPLE — WHEN USED ETHICALLY AND CREATIVELY.

ALL MATERIALS MAY BE FREELY USED FOR EDUCATIONAL PURPOSES WITH PROPER ATTRIBUTION.

Website
www.youthhumanimpact.com
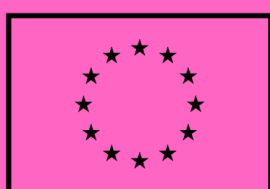
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16

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